



Pamela Beck, MA

Educational Credentials

- BA, Psychology/Social Work, Luther College
- MA, Marriage and Family Therapy, Sioux Falls Seminary
- Additional education: Medical Family Therapy Institute, Rochester, New York

Licensure

- Licensed Marriage and Family Therapist (LMFT) in South Dakota and Minnesota

Certifications and Affiliations

- Approved Supervisor, American Association for Marriage and Family Therapy
- Clinical Member, American Association for Marriage and Family Therapy
- Member, South Dakota Association for Marriage and Family Therapy
- Qualified Mental Health Professional
- Adjunct Instructor, Sioux Falls Seminary

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Sioux Falls, SD
Permit #1209



2109 S. Norton Avenue Sioux Falls, SD 57105

therapy services by
Pamela Beck, MA



for
individuals,
couples,
and
families

**SIoux FALLS
PSYCHOLOGICAL SERVICES**

Pamela Beck, MA
Licensed Marriage and Family Therapist
605.334.2696

offering hope and rebuilding lives
Pamela Beck, MA



Therapy Services



There are times when challenges in life become overwhelming, relationships may be riddled with pain and discord, or losses leave you feeling alone and depressed. Suppose

some of the hopes we cherished have not stood the test of trial. We want our lives today infinitely sounder and safer than they were before. I believe that there are times most of us could benefit from working on the problems that weigh heavily on our hearts and minds.

My practice consists of clients who come with a variety of personal problems and relationship concerns. I believe we are meant to be in relation with one another, a genuine connectedness, while having our own autonomy. Therapy opens avenues of change for improving relationships and rebuilding your life.

I offer a safe place to land—an honest, nurturing, and confidential relationship to help you individually or within the context of your relationships—hope in healing.

Special Areas of Interest

Individual Therapy

- ♦ depression and anxiety
- ♦ grief, loss, and trauma
- ♦ anger
- ♦ family of origin issues

Marital and Couple Therapy

- ♦ communication
- ♦ conflict and problem solving
- ♦ intimacy issues
- ♦ pre-marital counseling
- ♦ separation, divorce, and remarriage
- ♦ family issues
- ♦ medical factors affecting family life

Medical

- ♦ medical issues
- ♦ healthcare collaboration
- ♦ coping with chronic illness

What to Expect

I view problems from a relational perspective. I value commitment and responsibility, honesty, and respect and treat all with moral and cultural sensitivity. I have a compassionate heart and will offer support and encouragement. I also think it's important to be straightforward when necessary with the spirit of working together to promote health and change.

Contact Information

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www.sfpsychological.org

Call today: 605.334.2696