



Kristi Miller, MS

Kristi Miller has over 25 years experience working with children including an internship at Children's Home Society. She is a therapist at Sioux Falls Psychological Services assisting children, teenagers, and their families.

Educational Credentials

- ♦ MS in Counseling and Human Resource Development
- ♦ BS in Child Development Family Relations

Licensure

- ♦ Licensed Professional Counselor-Mental Health
- ♦ Certified Theraplay® Therapist
- ♦ National Certified Counselor
- ♦ Qualified Mental Health Practitioner

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2109 S. Norton Avenue Sioux Falls, SD 57105

child and family therapy by Kristi Miller, MS



acceptance
 hope
 empowerment
 change
 security

SIOUX FALLS PSYCHOLOGICAL SERVICES

Kristi Miller, MS, LPC-MH
 Certified Theraplay® Therapist, QMHP, NCC

605.334.2696

therapy services by
Kristi Miller, MS



Therapy for Children

Children at times experience challenges, traumas, or transitions in their lives. These situations can be difficult for families to deal with. Kristi Miller provides child centered and family focused therapy based upon individual needs.



Treatment may include Theraplay® activities, Play Therapy techniques, and Cognitive Behavioral approaches.

- ♦ helpful for a variety of emotional issues
- ♦ enhances ability for emotional self regulation

What is Play Therapy?

Play Therapy utilizes several techniques:

- ♦ directive and non-directive use of selected toys and materials
- ♦ uses a natural and developmentally appropriate process for children to address and resolve their own difficulties
- ♦ facilitates acceptable expression of thoughts and feelings

What is Cognitive Behavioral Therapy?

- ♦ teaches relationship between choices and consequences along with social skills
- ♦ ability to analyze situations and make good choices
- ♦ targets problematic behavior and establishes meaningful rewards
- ♦ utilizes modeling, role playing, teaching, and contracting

What is Theraplay®?

- ♦ short-term technique
- ♦ structured, intensive, action therapy replicating healthy parent child interaction
- ♦ promotes an active, attuned connection between child and therapist and ultimately between child and parent
- ♦ incorporates essential qualities of structure, engagement, nurture, challenge, and playfulness

Additional Services

- ♦ presentations on child/family issues
- ♦ psychoeducational parenting groups
- ♦ consultations for those who work with children

Specific Areas of Expertise

- ♦ attachment disorders and loss
- ♦ behavioral difficulties
- ♦ trauma
- ♦ anxiety
- ♦ depression
- ♦ developmental transitions
- ♦ parenting issues

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www.sfpsychological.org

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